



**March 15, 2022**

Meeting in the TownHall @ 6:54 AM  
& via Zoom except 4<sup>th</sup> Monday night social

# Windermere Rotary Club

## Weekly Roundabout

**Quote of the Week:** “Strong is what happens when you run out of weak.”  
*The Lymphoma Club*



**The 4-Way Test**  
*of things we do and say:*

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

### Today’s Program

**Carin Nagy**  
**Development Manager**  
**Leukemia & Lymphoma Society**



**Carin Nagy** is a Development Manager for the Leukemia & Lymphoma Society’s (LLS) Athletic Initiatives. She joined the LLS team in 2015 and has been in her current role since July 2021.

Born and raised in Sweden, Carin earned her degree in Business Administration from the University of Hawaii and pursued a career in finance, primarily in hospitality and financial services. It was her husband’s remission from Non-Hodgkin’s Lymphoma that led Carin to move to the non-profit field and take a position with the Leukemia & Lymphoma Society.

The mission of the Leukemia & Lymphoma Society is to find a cure for blood cancers and improve the quality of life of patients and their families. Carin works with individuals and teams in the Southeast Region of the US on endurance challenges and wellness programs, raising money to pioneer groundbreaking research and advancements in the fight against cancer.

Carin lives in Ocoee with her husband Ron and 17-year-old twins, Julia and Jacob.

# MESSAGE FROM OUR PRESIDENT



## Greetings Windermere Rotary Family

*It is my pleasure to serve as your 2021-2022 President.*

**Greetings Windermere Rotary Family, what's going on in our club? How can I get more involved and who should I call?**

**Topgolf** – Our next fundraiser, planned for April or May, needs sponsors and silent auction items. Call Byron Sutton.

**Rotary Means Business** – The last one we had was a big hit. We plan to host another in April or May. Call Don Hairston.

**Programs / Speakers** – Every Tuesday meeting comes with a presentation by a speaker with an important message of community interest. Bring your recommendations. Call Tom Johnson.

**Rotary Youth Leadership Awards (RYLA)** – We founded and support Interact Clubs at West Orange High and Olympia High and are sponsoring 5 students for RYLA, a life-changing experience for many students. Rotarians are always welcome to visit and observe the camp. Call Norma Sutton.

**Girl Scouts Cookie Sales Fundraiser Support** – Part of our efforts to enable girls and support their efforts. Call Karen Hairston.

**Olympia HS Sports** – We plan to have a Rotary Windermere Club banner at games. Call Norma Sutton.

**Memorial Day Observance** – It's Monday May 30. Details to come. Call Frank Krens

**Rotary International Convention** – It's live this year in Houston, Texas, June 4 – 8, 2022. Register on-line, at <https://convention.rotary.org/en/houston/register> .

**Rotary Big Cypress Park Cleanup** – We pressure cleaned it and applied a sealer. Go take a look!

**Meals-on-Wheels** – We have five couples serving so far. More is better. Call Chuck Barcus.

**College Scholarships** – Applications are due by April 15. Help with selection of winners. Call Norma Sutton.

**4-Way Test Essay Competitions and Sponsorship** – Scheduled at 7:00am at Thornebrooke Elementary on Tuesday, April 19 and at Windermere Elementary Tuesday, May 17. Seeking sponsors. Call Karen Hairston.

**Edgewood Picnic** – Sponsored by Orlando Health, always a big time. Call Norma Sutton.

**Mystery Trip** – Where? When? If I knew it wouldn't be a mystery. Call Norma Sutton.

**Public Image Posts and Messages** – We are on *Facebook, Instagram, and Nextdoor* media. Help pass the word, "Like" and "Share". Call Regiane Cidral.

**Club Service** – We have a vacancy for this Board position starting in July. Call Jim Schuppert.

**District Membership Competition underway; ends June 30** – With more members we can do more to make the world a better place. Clubs get points for new members, visitors, member retention plans etc. Each One Bring One. Everybody wins. Call Andy Agoos or Calvin Wimbish.

**FY 2022-2023 Officer and Director Installation Dinner** – June 27, 2022, mark your calendar.

**Yours in Rotary Service - Frank**

\*Trying something new! Scan this QR Code and directly  
[www.WindermereRotary.org](http://www.WindermereRotary.org)



**“Be like a postage stamp. Stick to a thing until you get there.”**

# CLUB SPONSORS

Thanks to our Event Sponsor Health Central Hospital!

Health Central Hospital's mission is to "improve the health of the community" by providing safe, quality healthcare services in an atmosphere of caring.

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*"Everything will be okay in the end.  
If it's not okay, it's not the end."*

*John Lennon*

MARCH 2022 

**CLUB OFFICERS**

President: Frank Krens  
 Pres. Elect: Jim Schuppert  
 Treasurer: Phil Leopold  
 Secretary: Chuck Barcus  
 Past President: Karen Hairston

**BOARD of DIRECTOR**

Club Svc: Karen Hairston  
 International:  
 Emerson Greco  
 Membership: Andy Agoos  
 Foundation: Byron Sutton  
 Vocation: Don Hairston  
 Youth: Norma Sutton

**ADMINISTRATIVE**

PR: Regiane &  
 Francisco Cidral  
 Web: Francisco Cidral

**ROTARY WEBSITES**

Windermere : [www.windermerrerotary.org](http://www.windermerrerotary.org)

District:  
[www.rotarydistrict6980.org](http://www.rotarydistrict6980.org)

Int'l: [www.rotary.org](http://www.rotary.org)

RI President:  
 Shekhar Mehta

Bulletin Editor

Norma Sutton  
[normasutton@outlook.com](mailto:normasutton@outlook.com)

Sun	Mon	Tues	Wed	Thu	Fri	Sat
		1 Club Meeting 6:54 AM 4 Way Test Event at Edgewood	2	3	4 Farmers Market Windermere  Paul Kenard 8 yrs.	5
6	7	8 Club Meeting 6:54 AM Guest Speaker Candy Cole Karen Hairston 5 yrs.	9	10	11 Farmers Market Windermere	12
13	14	15 Club Meeting 6:54 AM Guest Speaker Carin Nagy Angela Withers ♂ George Poelker 19 yrs.	16 <b>Board Meeting 7 pm at Krens</b>	17 Craig & Maryke Lee 49 yrs. ♀ 	18 Farmers Market Windermere	19
20	21	22 Club Meeting 6:54 AM Guest Speaker Wendy Proctor	23	24	25 Farmers Market Windermere <b>Food Truck Night</b> 	26
27 Don & Karen 52 yrs. ♀	28 Monday Night Social Burntwood Tavern	29 No Meeting Today Francisco Cidral ♂	30	31 Jeff Whirley 18 yrs.	APRIL Farmers Market Windermere	2

**NOTE:** <http://m.DACdb.com> Mobile District

You can get all the members #'s from this site!



SERVE TO CHANGE LIVES

District Governor: Barry Gainer

Assistant Governor: Greg Gorski

## Covid-19 Situation in numbers (by WHO Region)

**Total as of March 13, 2022**

Global 457 714 748 cases 6 064 783 deaths 1.32 % death rate

Global Population 7,900,000,000 est. cases 5.8 % of population

60 553 055      Currently Infected      99.9% Mild  
65 431      Serious or Critical      0.1% Serious

Africa 11 629 000 cases 251 711 deaths

Americas 150 917 766 cases 2 693 577 deaths

Europe 164 944 882 cases 1 738 979 deaths

Asia 1 226 010 670 cases 1 372 245 deaths

US 81 170 185 cases 993 710 deaths 1.22 % death rate

Florida 5 868 632 cases 71 863 deaths 1.20 % death rate<sup>2</sup>

Orange Co. 373 631 cases 2 699 deaths 0.72 % death rate

### **LATEST NEWS (WEBMD)**

March 9, 2022 -- Problems with mental skills like thinking, remembering, and learning are common after severe COVID-19 infection, according to new research. These long-term effects of COVID-19 could "significantly increase the worldwide [dementia](#) burden," says study leader Yan-Jiang Wang, MD, PhD, director of the Department of Neurology and Center for Clinical Neuroscience at Daping Hospital in Chongqing, China.

The study, which compared rates of dementia and its precursor, mild cognitive impairment, in people who recovered from COVID-19 to people who didn't get infected, was published online March 8 [in JAMA Neurology](#). The researchers identified nearly 1500 people age 60 and older who'd been hospitalized for COVID-19 in Wuhan, China, 260 of whom had severe illness, and followed up with them 6 months and 1 year later to assess their cognitive function. The researchers also assessed the cognitive function of over 400 spouses of the hospitalized people who did not get COVID-19, as a comparison group.

Before they were infected with COVID-19, none of the study participants had cognitive problems, a neurological disorder or a [family history](#) of dementia, or severe heart, liver or [kidney disease](#) or cancer.

A year after leaving the hospital, 12.5% of the COVID-19 survivors had developed cognitive problems.

Dementia and mild cognitive impairment were significantly more common in people who'd had severe COVID-19 than in ones who'd had cases that weren't severe or didn't get the disease.

About 15% of the people with severe COVID-19 had dementia a year after leaving the hospital, and about 26% had mild cognitive impairment.

Fewer than 1% of the people hospitalized with cases of COVID-19 that weren't severe and those who didn't get the disease developed dementia, and about 5% of the people in each group developed mild cognitive impairment.

Cognitive issues are common when a person is sick with COVID-19. However, the long-term consequences of COVID-19 on mental abilities remain unclear. This study adds new information about changes in the cognition of COVID-19 survivors, Wang says.

Of note, say the researchers, is the fact that 21% of people with severe COVID-19 had progressive cognitive decline, suggesting that the disease may cause long-lasting damage to mental abilities.

"These findings imply that the pandemic may substantially contribute to the world dementia burden in the future," they add

## Vaccination Update as of March 6, 2022

**4 457 127 151** fully vaccinated or **57.1 %** Worldwide

**216 587 984** fully vaccinated or **65.7 %** US population

**14 210 657** fully vaccinated or **66.2 %** Florida population

**956 487** fully vaccinated or **72.4 %** Orange County

### **Latest News (US News)**

The Covid-19 vaccine has changed the course of the pandemic. In total, 140 doses have been given for every 100 people around the world. In countries that reached the highest levels of vaccination, [death rates plummeted](#). Amid this progress, the world was caught off guard when the omicron variant rose to prominence in late 2021. Omicron proved somewhat less severe than previous variants, but it spread much faster.

Millions of vaccinated people have gotten sick from the omicron strain, but the shots served their most important function—preventing severe illness. During the omicron wave, vaccination with a booster reduced the chance of [hospitalization and death](#) by [more than 90%](#). Sudden spikes of cases from the fast-moving variant have pressured health systems, but the outlook for the average Covid patient has improved significantly.

## Club Information You Need to Know

### Topic: Windermere Rotary Regular Meetings (Zoom & Town Hall)

Mar 15, 2022 07:00 AM    Mar 22, 2022 07:00AM    Mar 29, 2022 07:00 AM    Apr 5, 2022 07:00 AM  
Apr 12, 2022 07:00 AM    Apr 19, 2022 07:00 AM    Apr 26, 2022 07:00 AM    May 3, 2022 07:00 AM  
May 10, 2022 07:00 AM    May 17, 2022 07:00 AM    May 24, 2022 07:00 AM    May 31, 2022 07:00 AM  
Jun 7, 2022 07:00 AM    Jun 14, 2022 07:00 AM    Jun 21, 2022 07:00 AM

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://us02web.zoom.us/meeting/tZUpdeihpjMjG907pber1SCWKEtAT1AtTPQR/ics?icsToken=98tyKuGpqjkrE9yduRiORpwcBojod\\_PxiFxEjfoNyw\\_nBjICUSDBHcdWE4YuMczk](https://us02web.zoom.us/meeting/tZUpdeihpjMjG907pber1SCWKEtAT1AtTPQR/ics?icsToken=98tyKuGpqjkrE9yduRiORpwcBojod_PxiFxEjfoNyw_nBjICUSDBHcdWE4YuMczk)

Join Zoom Meeting

<https://us02web.zoom.us/j/81421988919?pwd=bkorkbRaVEV5MXZ2bEs1UkRXUFdmZz09>

Meeting ID: 814 2198 8919    Passcode: 243999    One tap mobile    +13017158592,,81421988919#,,,,\*243999#  
US (Washington DC)    **Meeting ID: 814 2198 8919    Passcode: 243999**

## Youth Services Events



**RYLA applications went out last week and we are had one successful applicant! So sorry we didn't attract more but our scholarship monies will send 4 more students to this great event. In addition, one Interact student at West Orange has qualified as a counselor and will be attending as well. (And that happens to be Matthew Bodine, Norma & Bryon's grandson.)**



### **Rotary's Four-Way Test**

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it fair to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

**Four Way Tests schedules now in process:**

**Edgewood March 1  
Thornebrooke April 19  
Windermere May 17**

## **50 Things You Should Know About Rotary**

### **35 - ROTARY AND THE UNITED NATIONS**

During and after World War II, Rotarians became increasingly involved in promoting international understanding. In 1945, 49 Rotary members served in 29 delegations to the United Nations Charter Conference. Rotary still actively participates in UN conferences by sending observers to major meetings and promoting the United Nations in Rotary publications. Rotary International's relationship with the United Nations Educational, Scientific, and Cultural Organization (UNESCO) dates back to a 1943 London Rotary conference that promoted international cultural and educational exchanges. Attended by ministers of education and observers from around the world, and chaired by a past president of RI, the conference was an impetus to the establishment of UNESCO in 1946.

**FYI**

**Click on the link below to read the article on the history of our club creating the Lake Buena Vista club. Good stuff!**

**<https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:c1946180-f198-3651-a207-5af4e1e86aac>**



# OUR ROTARY FAMILY

**The Texans are in Texas at the rodeo!**

